



FOR IMMEDIATE RELEASE

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PRESS RELEASE

***'Shreveport Mayor's Women's Commission Seeks
Nominations for 2015 HERA Awards'***

Shreveport, LA—The Shreveport Mayor's Women's Commission is seeking nominations for the 2016 HERA Award. Three HERA awards will be presented to honor unsung heroes who have made a positive difference in Shreveport in the areas of advocacy, education, and quality of life. The awards recognize the recipients' untiring and selfless volunteer efforts to be Helpful, Effective, and Responsible Advocates for Shreveport women and youth.

The HERA Awards will be presented at the Celebration of Women's History Month Kick-Off Breakfast, Tuesday, March 1, 2016, at the Shreveport Convention Center-Red River Room, 400 Caddo Street, Shreveport, LA. This year marks the 36th Anniversary of the National Women's History Movement and will be the eighth annual presentation of the local HERA awards by The Mayor of Shreveport and the Shreveport Mayor's Women's Commission.

The deadline for submitting a nomination is Friday, February 5, 2016 by 5:00PM. A copy of the nomination form may be obtained online at: www.shreveportla.gov, by email at debora.demaree@gmail.com Please type Mayor's Women's Commission-HERA Awards in the subject line. For more information call 318- 219-6099.

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The Shreveport Mayor's Women's Commission

HERA Award Nomination Form

Nomination Deadline: February 5, 2016 5:00PM



Nominations may be mailed to Office of the Mayor, Attn: Shreveport Mayor's Women's Commission-HERA Awards, P. O. Box 37005, Shreveport, LA 71133-7005. Email to: debora.demaree@gmail.com Subject: Mayor's Women's Commission-HERA Awards. Nominations postmarked or emailed after the deadline will not be considered.

INFORMATION ON NOMINEE

Note: The nominee must be a volunteer and a female resident of Shreveport and/or work in the City of Shreveport. Current members of the SMWC are not eligible for nomination.

Nominee is nominated as an UNSUNG HERO for one of the following categories:

(please check one)
☐ **Advocacy** ☐ **Education** ☐ **Quality of Life**

Name:	Home Phone No.
Home Address:	Cell Phone No.
Home City, State:	Zip Code:
Employer's Name:	Title at Work:
Employer's Address:	Work Phone No:
Employer's City, State:	Zip Code:
Home E-Mail:	Work E-Mail:

This award is to honor women who have exhibited outstanding dedication and commitment to participating in programs that benefit Shreveport women and youth. Please check all of the following that apply to your nominee:

- ☐ Has demonstrated an outstanding commitment to volunteerism
- ☐ Is a positive influence in meeting community needs or enhancing the quality of life in Shreveport
- ☐ Has demonstrated acts of generosity and kindness
- ☐ Embraces community service as an ongoing commitment
- ☐ Contributions should have been made within the past 12 months, as well as ongoing efforts which demonstrate a depth of commitment
- ☐ Promotes and/or advances public understanding about important community issues/concerns
- ☐ Demonstrates high standards of character and moral standing
- ☐ Fosters coordination and cooperation among diverse audiences and stakeholders in the community and promotes unity

Please provide a summary, in narrative form, of the activities, services and accomplishments of the nominee on a separate page and include with this Nomination Form. Summary should not exceed 500 words. Resumes are not acceptable. HERA Awards will be presented on Tues. March 1, 2016, 8:30 AM.

Contact Information for Individual Making this Nomination

Name:	Home Phone No.	
Work Phone No.	Cell Phone No.	Email: